

Sports Doctors  
Physiotherapists  
Osteopaths  
Orthopaedic Consultants  
Performance Coaches  
Massage Therapists  
Nutritional Therapists  
Sports Podiatrists  
Pilates  
Yoga



## Rosie Mew Specialist Musculoskeletal Physiotherapist

*'I am passionate about Sports Medicine, not only because of its effectiveness to rehabilitate a client back to sport, but also because of its important role in pain and injury prevention.'*

Rosie qualified from The Royal London Hospital in 1996, working initially in the NHS before moving to the Private Sector. Rosie holds a Masters in Musculoskeletal Manipulative Physiotherapy from University College London, is acupuncture trained, a qualified Pilates Instructor and was awarded a Gold Accreditation from the ACPSM (Association of Physiotherapists in Sports Medicine).

Rosie has worked with sports at both a national and international level, including, GB and England Hockey, GB Table Tennis, GB Bobsleigh, GB Masters Athletics, London Irish RFU, elite Triathletes and Marathon Runners. She worked directly for the British Olympic Association at the European Youth Olympics, the World Youth Olympics, the World University Games, the GB U21 Men's Hockey, and also went to Beijing with the British Paralympic Team. Rosie is particularly interested in the later stages of rehabilitation and returning patients to full pre-injury activity, whether that is walking the dog or playing for their country.



For further information or to book an appointment, please call 08447 700 800.

[info@puresportsmed.com](mailto:info@puresportsmed.com)  
[www.puresportsmed.com](http://www.puresportsmed.com)