

Sports Doctors
Physiotherapists
Osteopaths
Orthopaedic Consultants
Performance Coaches
Massage Therapists
Nutritional Therapists
Sports Podiatrists
Pilates
Yoga



Matthew Harris

Specialist Sports Osteopath

Matthew qualified from Victoria University Melbourne in 2003 with a B.App.Sc in Clinical Science and an M.H.Sc in Osteopathy. Before this, he gained a Diploma in Remedial Therapies from the Melbourne College of Natural Medicine.

Matt has worked with professional athletes across varied range of sports both in Australia and the UK, including Hockey, Tennis, Australian Rules Football and Beach Volleyball.

Matt has a particular interest in functional biomechanics, nutrition, shoulders and lower limb injuries. He combines his Osteopathic practice with teaching at the British School of Osteopathy, where he works as a clinician supervising trainee Osteopaths, and also lectures on shoulder rehabilitation. Along side his Osteopathy, Matt is also experienced in dry needling and functional rehabilitation techniques.



For further information or to book an appointment, please call 08447 700 800.

info@puresportsmed.com
www.puresportsmed.com