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Jemma Watson

Specialist Musculoskeletal Physiotherapist

'I come to work every day with the aim to make each and every patient I see walk out of the door feeling better than they did when they walked in.'

After graduating from Curtin University in Perth, Western Australia in 2002, Jemma worked at the North Sydney Orthopaedic and Sports Medicine Centre. Jemma has also been fortunate enough to work with volunteer Orthopaedic Surgeons from around the world in Cambodia, and was able to teach many Cambodian Physiotherapists, students and the extended family of patients, focusing on the quick progressions of physiotherapy following surgery, traumatic injuries and disease.

Jemma completed her Masters in Manual Physiotherapy at the University of Western Australia. This focused on manipulation and sports rehabilitation, but Jemma also uses acupuncture as an adjunct to treatment. During her time in Sydney, Perth and London, Jemma has worked with elite swimmers, lifesavers, tennis players, cricketers, Australian Rules Footballers and Rugby Union players. Jemma has an interest in post operative rehabilitation, particularly lower limb and shoulder.



For further information or to book an appointment, please call 08447 700 800.

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