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Nutritional Therapists
Sports Podiatrists
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Henrietta Bailey

Specialist Nutritional Therapist

'I am passionate about passing on my knowledge to empower others to take their health back into their own hands, so they can reach their personal best.'

Following University and an initial career in Corporate PR, Henrietta opted to change paths and re-qualified to gain a Diploma in Nutritional Therapy from Raworth International College. She is also registered with the CNHC (Complementary & Natural Healthcare Council) and BANT (British Association for Nutritional Therapy).

Since qualifying she has discovered a keen interest in the area of sports nutrition and has worked with a number professional sports people from the fields of rowing, golf, cycling, triathlon and marathon running. She has also contributed regularly as part of the expert panel in publications such as Sport and Women's Fitness.



For further information or to book an appointment, please call 08447 700 800.

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