

Sports Doctors  
Physiotherapists  
Osteopaths  
Orthopaedic Consultants  
Performance Coaches  
Massage Therapists  
Nutritional Therapists  
Sports Podiatrists  
Pilates  
Yoga



## Eduard Mias

### Specialist Musculoskeletal Physiotherapist

*'That is what physiotherapy is all about: helping and guiding people back to their sporting activities or lifestyle after they have suffered an injury, so they can also achieve their goals.'*

Eduard started his undergraduate career in his home country, Spain, but his quest to further his knowledge led him to continue his studies in both the Netherlands and in Canada. After five years of working experience, Eduard chose to advance his clinical reasoning and skills by doing a Masters in Musculoskeletal Physiotherapy at the University of Queensland, Australia.

After 17 years as a Basketball player, including two seasons in a semi-professional league, Eduard decided to hang-up his shoes and become involved with basketball teams as a Physiotherapist. He particularly enjoys working with basketball, football, cycling, athletics and rowing teams. His special areas of interest include: tendons, ankles, feet, hamstrings, lower backs and knees.



For further information or to book an appointment, please call 08447 700 800.

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