

Sports Doctors
Physiotherapists
Osteopaths
Orthopaedic Consultants
Performance Coaches
Massage Therapists
Nutritional Therapists
Sports Podiatrists
Pilates
Yoga



Dr Kal Parmar Specialist Sports Doctor

'It is rewarding to help not only the elite athlete but also the recreational weekend warrior to achieve their goals and get them back from injury.'

Kal is currently the Medical Director at Leicester Tigers RFC, he is also a clinical teacher in Sports Medicine at University College London and is an Honorary Physician at The British Association for Performing Arts Medicine; clinical interests include contact sports injury – in particular rugby and football injury and injection therapy under ultrasound guidance. Training involved orthopaedic biased surgical training in the UK and a further 4 years sports medicine training in Australia. Here he spent a year at the Australian Institute of Sport doing a Master's degree in Sports Medicine, and three years on the advanced specialist sports medicine training program through the Australasian College of Sports Physicians.

Kal relocated to the UK in 2006 to become Tottenham Hotspur's Club Doctor and Head of Medical Services where he stayed for over 2 years. He has worked with sports from grass routes through to national teams, having been on tour with the National Australian Men's and Women's Senior Hockey Teams as well as Australian National Football teams. Other clubs have included the Brumbies Rugby Union, Sydney Swans AFL reserve teams, coverage for the 2009 Ashes and one day series for the Australian team and Australian Team Doctor for the 2009 World University Games and tournament doctor for the Sydney International Tennis tournament.



For further information or to book an appointment, please call 08447 700 800.

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