

Sports Doctors
Physiotherapists
Osteopaths
Orthopaedic Consultants
Performance Coaches
Massage Therapists
Nutritional Therapists
Sports Podiatrists
Pilates
Yoga



Dr Eleanor Tillet

Consultant in Sport and Exercise Medicine

'By applying what we've learnt from preventing and treating injuries in elite athletes, we can help anyone with musculoskeletal pain that might be limiting their activity.'

Eleanor currently works as a Consultant and Lecturer in Sport and Exercises at University College London Hospital, where she leads the MSc program in 'Sports Medicine, Exercise and Health'. Since 2003 Eleanor has also been the Team Doctor of the British Figure Skating Team.

Eleanor has worked within various elite sports, including Team GB at the Vancouver Winter Olympics, England Women's Football and GB Women's Basketball. In Addition, Eleanor has worked at many sporting events, including the London Marathon, London Triathlon, World University Games, Youth Olympics and Youth Commonwealth Games.

After being awarded a Master's in Sports Medicine In 2003, Eleanor also went on to complete a 4 year specialist training course, for which she was awarded a fellowship in Sport and Exercise Medicine, one of only a limited number in the UK.



For further information or to book an appointment, please call 08447 700 800.

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