

Sports Doctors  
Physiotherapists  
Osteopaths  
Orthopaedic Consultants  
Performance Coaches  
Massage Therapists  
Nutritional Therapists  
Sports Podiatrists  
Pilates  
Yoga



## Daniel Cohen

### Specialist Sports Osteopath

*'The first job after diagnosis is always symptom relief, quickly followed by assistance and advice on correct exercise and lifestyle advice. I believe strongly that education of the patient is important.'*

Growing up in The Netherlands and Portugal, Daniel was introduced to Osteopathy as an effective treatment of sporting injuries at an early age. Since qualifying from the British College of Osteopathic Medicine (BCOM) in London in 2003, where he has also taught, Daniel has continued to develop and grow his practice. Now a lecturer in Osteopathy at Oxford Brookes University, he spends one day week teaching and the rest of his time in practice, developing his own skill set through continued professional development.

With an interest in many sports, Daniel's treatment approach is very much focused on the musculoskeletal system. He is keen to pass on some fundamental principles of osteopathy to his patients, including: structure and function as inter-related (for example, poor posture can affect lung function), the body has the capacity to heal itself in the correct environment; nutrition is the foundation for good health; and psychology plays a big part in the healing process.



For further information or to book an appointment, please call 08447 700 800.

[info@puresportsmed.com](mailto:info@puresportsmed.com)  
[www.puresportsmed.com](http://www.puresportsmed.com)