

Sports Doctors
Physiotherapists
Osteopaths
Orthopaedic Consultants
Performance Coaches
Massage Therapists
Nutritional Therapists
Sports Podiatrists
Pilates
Yoga



Claire Small Director of Physiotherapy

'My aim is to dynamically address any impediments to optimal well-being and return patients to their activities as effectively as possible.'

Claire has both an Undergraduate and Masters Degrees in Physiotherapy and has spent over 15 years practising as a Specialist Musculoskeletal Physiotherapist. In this time she sat on both the 'National Executive' and the 'Education and Training' Committees of the Manipulation Association of Chartered Physiotherapists, and lectured both nationally and internationally on topics in musculoskeletal medicine. She has worked extensively with elite and non-elite athletes.

Working in the field of sports medicine provides Claire with the opportunity to see some of the finest 'machines' working above and beyond what we would normally regard as humanly possible. This gives Claire great insight in to what is possible and inspires her to challenge herself both personally and professionally on a daily basis.



For further information or to book an appointment, please call 08447 700 800.

info@puresportsmed.com
www.puresportsmed.com