

Sports Doctors  
Physiotherapists  
Osteopaths  
Orthopaedic Consultants  
Performance Coaches  
Massage Therapists  
Nutritional Therapists  
Sports Podiatrists  
Pilates  
Yoga



## Andrea Havill Specialist Musculoskeletal Physiotherapist

*'My approach is to treat each patient as the individual they are, by listening to them and tailoring their treatment and rehabilitation to suit their body and specific goals, regardless of whether they are an elite athlete, office worker, or fulltime mum.'*

Andrea has both an Undergraduate Degree and Post-Graduate qualifications in Physiotherapy. Having initially qualified in 2001 from The University of Wales College of Medicine, Cardiff, Andrea worked in several NHS teaching trusts, gaining experience in a wide range of musculoskeletal, neurological and orthopaedic conditions, before moving into private practise to specialise in musculoskeletal and sports injuries. Andrea is trained in Acupuncture, Pilates, and completed an MSc in Advanced Sports Physiotherapy at Kings College, London. Here she undertook research into the treatment of tendinopathy, which is due to be published.

Andrea has worked with several Rugby Clubs and spent time at TeamBath sports facility treating a variety of professional and recreational athletes. She has also worked for both the International Tennis Federation and Women's Tennis Association providing physiotherapy to both junior and elite Tennis players at international tennis tournaments.



For further information or to book an appointment, please call 08447 700 800.

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