

Sports Doctors
Physiotherapists
Osteopaths
Orthopaedic Consultants
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Massage Therapists
Nutritional Therapists
Sports Podiatrists
Pilates
Yoga



Amanda Lau Podiatrist

'Our feet and the way they function, are critical to the way we move, walk and run, and consequently they are critical to our overall well-being.'

Amanda completed her podiatry degree in Melbourne, Australia, her main passion lying with Sports Podiatry. She has worked with foot and ankle surgeons in Melbourne, with the rehabilitation of Australian Football, Track and Field, Basketball players, The Australian Defence Force, and Ballet. She has also had the privilege of treating GB Olympic Athletes, Premier League football players, English rugby, Test cricketers and the Royal Air Force during her time in the UK.

Amanda also has experience lecturing with University College London and Queen Mary University London, on the subjects of Biomechanics and Footwear, and Gait Analysis. More recently Amanda has been involved with Nike UK, as a consultant presenting to various medical and allied health practitioners around the UK.



For further information or to book an appointment, please call 08447 700 800.

info@puresportsmed.com
www.puresportsmed.com