

Sports Doctors  
Physiotherapists  
Osteopaths  
Orthopaedic Consultants  
Performance Coaches  
Massage Therapists  
Nutritional Therapists  
Sports Podiatrists  
Pilates  
Yoga



## Raphael Rinaldi

### Specialist Musculoskeletal Physiotherapist

*'No matter their starting point or level of ability, I love to help individuals bring the best out of themselves and enjoy the process throughout.'*

After qualifying in Italy in 1995, Raph gained experience in a number of sports, including: running, athletics, football and winter sports. He trained in France and Switzerland before completing his Masters in Sports Physiotherapy at the University of Melbourne in 2004. Raph has worked for the English Institute of Sport and is a trained Acupuncturist and certified APPI Pilates Instructor. He is currently working towards his UK Athletics Coach and Strength and Conditioning Specialist qualifications.

His highlights include the XX Winter Olympics in Turin in 2006, the Mediterranean Games in 2009, the European Athletics Championships in Barcelona in 2010 and the World Youth Athletics Championships in Italy 2009/France 2011. He has worked on the IAAF Golden League/Diamond League athletics circuit since 1998. While not supporting a number of National Governing Bodies in the lead up to the Olympic Games in London, Raph has also joined Brentford Football Club.

Raph is interested in running injuries, spinal and lower limb injuries, jaw related neck pain, and shoulder injuries with a particular focus on advanced rehabilitation in sport and fitness testing.



For further information or to book an appointment, please call 08447 700 800.

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