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Pilates
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Simon Rice

Specialist Musculoskeletal Physiotherapist

Simon is an Australian trained Physiotherapist with an Undergraduate Sports Science Degree and a Masters in Physiotherapy. He has worked as a Strength and Conditioning Coach and a Physiotherapist with athletes from a variety of sports, including: international cricket, rugby and golf players on the European Golf Association Tour. His career highlights include being a member of the Cricket Australia Physiotherapy Working Group and presenting at conferences in India and Australia.

Simon believes in a holistic approach to Physiotherapy treatment and enjoys assisting people get back into their chosen pursuits, whether that is returning to elite sport, or being able to run around after their children, pain free.



For further information or to book an appointment, please call 08447 700 800.

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