

Sports Doctors
Physiotherapists
Osteopaths
Orthopaedic Consultants
Performance Coaches
Massage Therapists
Nutritional Therapists
Sports Podiatrists
Pilates
Yoga



Claire Smith

Specialist Musculoskeletal Physiotherapist

'I enjoy working with individuals who are well motivated to achieving their own goals. Whether that be competing in a marathon for the first time, winning an FA Cup trophy or participating in a charity tennis match.'

Graduating from the University of Hertfordshire in 2005, Claire initially worked for Barnet & Chase Farm Hospitals NHS before moving to East and North Hertfordshire PCT as a Senior Musculoskeletal Physiotherapist in 2008. Here she specialised in hands and plastics, general rehabilitation and hydrotherapy.

As well as NHS employment, Claire worked alongside several elite sports teams, starting at Hertford Town (men's semi pro) Football Club, before moving to Arsenal to become the first team Physiotherapist to the ladies team in 2006. She worked here for five years and travelled throughout Europe annually in the Champions League. Here she was fortunate to be a part of the team that made history by winning the quadruple (Champions League, FA cup, league cup & league) in 2007.

Claire has also worked with international squads, such as: England Mixed Hockey, England Ladies Lacrosse, and she remains employed by England Netball. In 2011 she travelled and worked with squads including the 2011 England Women's Lacrosse U19 World Cup, and International Netball Test series in Jamaica.

For further information or to book an appointment, please call 08447 700 800.

info@puresportsmed.com
www.puresportsmed.com